

# Stripping 4-core optical cable



## Overview

Good fiber optic stripping techniques in your cable assembly process are crucial. See best practices for how to strip fiber optic cable buffers & jackets.

## Key Takeaways

Use a fiber optic stripper to carefully remove the jacket, aramid yarn, and buffer coatings from each of the four fibers individually, ensuring the glass cores remain undamaged.

## Tools and Safety

Before starting, gather the following tools: a fiber optic cable stripper, fiber cleaver, alcohol wipes, lint-free cloth, and optionally a visual fault locator (VFL) or inspection microscope for quality checks. Always wear eye protection, as laser light from fibers can cause serious retinal damage. Work in a clean, well-lit area to avoid contamination.

## Step-by-

### Step Stripping Process

**Remove the Outer Jacket** Use the appropriate notch on the fiber optic stripper to cut the outer jacket without nicking the inner fibers. Hold the tool perpendicular to the cable and strip only the length required for termination. Carefully slide off the jacket, exposing the aramid yarn (strength members).

## **Handle the Aramid Yarn**

Gently pull back or trim the aramid yarn to expose the buffered fibers. Avoid cutting or fraying the yarn, as it contributes to tensile strength.

## **Strip the Buffer Coating**

Each of the four color-coded fibers has a 250 µm coating over the glass core. Use the fiber optic stripper to remove the buffer coating down to the 125 µm cladding, taking care not to nick the glass. Strip each fiber individually, especially in ribbon cables, to prevent stress or micro-cracks.

## **Clean the Fibers**

Wipe each stripped fiber with a lint-free cloth soaked in isopropyl alcohol to remove debris and coating residue. Run your fingers lightly along the fiber to ensure all coating material is removed.

## **Inspect the Fiber Ends**

Use a microscope or VFL to check for scratches, nicks, or irregularities on the stripped fiber ends. Only proceed to cleaving or connectorization if the fibers are clean and defect-free.

## **Repeat for All Fibers**

For a four-core cable, repeat the buffer stripping, cleaning, and inspection for each fiber individually. Avoid excessive bending, pulling, or crushing during the process to maintain fiber integrity.

## **Best Practices**

Strip layers progressively: jacket → aramid yarn → buffer coating. Maintain sharp stripper blades to prevent micro-damage. Follow manufacturer specifications for strip lengths and bend radius.

Avoid using generic wire strippers or knives, as they can cause signal loss or fiber failure. By following these steps, you can safely strip the four cores of an optical cable, preparing them for splicing or connector termination while minimizing the risk of damage and signal degradation.

## Article Content

### Stripping Techniques For Your Fiber Optic Cable

Good fiber optic stripping techniques in your cable assembly process are crucial. See best practices for how to strip fiber optic cable buffers & jackets.

### Fiber U Lesson Plan: Basic Skills Lab, Remote

Use the fiber strippers to strip ~1" (25mm) from the end of the fiber in 3 steps, about 1/4-3/8" (6-8mm) at a time. Hold the stripper at a 45degree angle to the fiber to reduce stress on the fiber.

### How to Strip and Prepare Fibre Optic Cable for Termination: A ...

In this informative guide, we'll walk you through the step-by-step process of stripping and preparing fibre optic cable for termination, covering techniques, tools, and best practices to help you

### Step-by-Step Guide to Cutting and Stripping PIG8 4

Step-by-Step Guide to Cutting and Stripping PIG8 4 Core Fiber Optic Cable for a Cleaner and More Precise Installation ☐☐ #fiberoptic #fiberoptics...

### How to Cut Optical Fiber Cable | Step by Step Guide for 4 Core Fiber ...

We demonstrate the proper method for 4 core fiber cutting using the right tools. This tutorial is perfect for beginners and professionals working with fiber optic cable installation and...

### Fiber U Lesson Plan: Basic Fiber Optic Skills Lab

In this lesson, we will identify and examine cables, then prepare them for splicing or termination by stripping the cable to expose the coated fibers. Finally we will strip

### How To Strip Fiber Optic Cable | Instructional

In this instructional video, Bob Licari, Test Equipment Product Manager, demonstrates a simple way to strip optical fiber.#instructional #fiberoptics #fiberF...

### Fiber and Cable Stripper – Types, Uses & Guide

Learn how to use fiber strippers, cable cutting scissors, and armored cable slitters. Discover their applications in fiber splicing, cable prep, and FTTH.

### Fiber Optic Strippers | Cable & Wire Stripping Tools

Precision fiber optic strippers and cable tools for fast, accurate buffer removal. Choose from a variety of reliable, cost-effective wire stripping options.

Fiber Strippers – tools, mechanical, thermal, chemical,

Fiber strippers are precision tools that reliably and cleanly remove a defined length of coating (often 30–40 mm) from a fiber end so that the bare glass is exposed

ANENG S-10+ Fiber Optic Thermal Stripper Rechargeable Clamp

[Efficient Fiber Stripping] This fiber optic heat stripper can simultaneously strip up to 48 bare fibers at once, significantly improving work efficiency and handling multiple fiber cables. [Precise Stripping]

Fibre Optic Termination Techniques – Wray Castle

Introduction to Fibre Optic Termination Fibre optic termination is the process of preparing the end of a fiber optic cable so it can connect to network equipment, another cable, or a patch

KKmoon Fiber Optical Thermal Stripper Rechargeable Heated Fiber Cable ...

Efficient Multitasking: This fiber optic stripper allows simultaneous stripping of up to 48 bare fibers, significantly speeding up workflow for fiber optic stripping. The tool handles ribbon cables, loose

Fiber U Lesson Plan: Basic Fiber Optic Skills Lab

Lesson 3: Fiber Optic Cable And Fiber Preparation Objectives: From this lesson you should learn: How to identify typical fiber optic cables How to prepare cables for

Stripping Techniques For Your Fiber Optic Cable Assembly Process ...

Good fiber optic stripping techniques in your cable assembly process are crucial. See best practices for how to strip fiber optic cable buffers & jackets.

Fiber U Basic Skills Lab Workbook-termination

Fiber Optic Connector Termination Overview It was not long ago that the proper methods used to terminate fiber optic connectors were tedious and the labor involved was a big concern. However, in

Good stripping techniques for your fiber optic cable ...

Without question, good stripping techniques in your fiber optic cable assembly process are imperative. What happens if you damage the fiber during this production step?

Opti-Core Fibre Optic Indoor-Outdoor 4 Fibre Cable ...

This cable can be used for LAN and WAN backbones, telecom access lines, fibre-to-the-building drop connections, and access connections This cable has flame retardant and LSZH properties and is

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