



Key Takeaways

Safety First

Tools and Components

Step-by-

Step Installation

Remove Existing Bulb and Trim Unscrew the recessed light bulb and remove the trim kit, which is usually a circular collar around the fixture. The trim often snaps off easily, leaving the recessed housing exposed. Measure the Housing Measure the internal diameter of your recessed can (commonly 4, 5, or 6 inches) to ensure the conversion module fits properly.

Check the thermal rating of the existing housing to confirm compatibility with the new LED module. Install the Lighting Harness Screw the new lighting harness into the existing socket where the old bulb was installed. This provides power to the new LED module or adapter.

Attach the Cross Brace or Adapter Plate Extend the adjustable cross brace across the width of the recessed housing and tighten it to secure the module. For decorative fixture conversions, attach the adapter plate or medallion to create a compliant junction box for pendants, chandeliers, or track lighting.

Install the LED Module or Fixture Place the LE

D module flush against the ceiling or mount the new fixture onto the adapter plate. Ensure it sits securely and evenly. Replace Trim and Test Snap the trim back into place if applicable, restore power at the breaker, and test the light to confirm proper operation.

Tips and Considerations

Energy Efficiency: Retrofit LED modules reduce energy consumption and have a longer lifespan than incandescent or halogen bulbs. **Design Flexibility:** Conversion kits allow you to switch to decorative fixtures without major electrical work. **DIY-Friendly:** Most kits are designed for easy installation, but always follow manufacturer instructions and safety guidelines.

By following these steps, you can modernize your home lighting efficiently, safely, and with minimal disruption.

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